Tentative Phases of Reopening (subject to change)

**May 31 (Illinois Phase 3):**
Programs Resuming: Team Practice, Solo and Duo Practices, Social Distancing Space Rentals, Building Upgrades

**Illinois Phase 4:**
Programs resuming: Camp (with adjusted numbers,) Recreational classes with adjusted ratios that meet guidelines

**Fall/School Start (estimate)**
Programs Resuming: Parent/Tot Classes, Little Tykes Time, Open Gym, Pizza Fun Night, Parties, Field trips, and Events (with adjusted ratios or attendance caps that meet protocol.)

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**Reopening Plan: Keeping FH Families Healthy**

Here at Flying High, our goal is always the health and safety of our Flying High Families. Healthy kids are happy kids, and we will be following all CDC guidelines to keep our facility clean, sanitized, and safe. We are committed to protecting our Flying High Families, and have created a specific guide that will be strictly adhered to in order to prevent the spread of Covid 19 and all illnesses. Please read over our polices and adhere to all guidelines so that we can create a healthy environment for our kiddos!

### Employee Guidelines:
- *Staff will wash hands before and after each class/event*
- *Staff will not have direct physical contact with children*
- *Staff travel will be monitored and adhere to Illinois guidelines regarding travel.*
- *Staff will follow illness policy, including 24 hour wellness standard.*
- *Staff will be trained thoroughly on all sanitizing guidelines and will enforce all distancing protocols.*
- *Staff will always wear face masks while in the building.*

### Facility Preparation:
- *Entire building has been thoroughly cleaned and sanitized before return of children*
- *Objects that are unable to be sanitized thoroughly and effectively have been removed and disposed of.*
- *Common areas have been streamlined to provide more open space.*
- *Cubbies have been temporarily removed to avoid congregating in common areas.*
- *All air vents/registers have been sanitized.*
- *Drinking fountains and café services are currently not in use. (May open with packaged goods in Phase 4)*
- *Hand sanitizers, soap, and sanitizing wipes are readily available.*
- *Preparation and use of EPA certified cleaning solutions that are safe for all surfaces, and staggering of classes/rentals so that solution can be left on the requisite contact time to kill Covid 19. (EPA Reg. No. 1839-95-68562). Solution is prepared in accordance with EPA guidelines for safe use.*

### Entering the Building:
- *Drop off if able. We do request no more than one adult per child in building.*
- *Any adults in the building must be wearing a face mask at all times.*
- *Athletes/children who appear ill will immediately be sent home.*
- *Please sanitize hands before entering building if possible. Additional sanitizer will be available upon entry.*
- *Please do not bring any personal belongings into the building if possible. If you do need equipment/shoes, please store in small bag and store bag in designated areas only.*
- *Please use the restroom prior to attending class if possible. Although restrooms are open and sanitized regularly, limiting bathroom breaks during this time will assist in keeping kiddos socially distanced.*

### Prior to Class/ Camp:
- *Students/athletes/children will sanitize prior to gym or camp room entry.*
- *Employees will have disinfected all equipment/surfaces between classes.*

### During Class/ Camp:
- *Lesson Plans have been modified to omit contact activities.*
- *Lesson plans have been modified to limit use of props to ONLY props that are individually used for the duration of class and sanitized between each use.*
- *Children will be kept safely distanced at all times.*
- *Space Rentals: Only one child at a time on all equipment.*
- *Team Athletes: refer to extensive Team protocols sent out by your Team Director.*
- *Limit restroom breaks whenever possible.*

### After Class:
- *Children are to sanitize hands upon building exit.*
- *Please follow all signs for exit to keep traffic flow running smoothly and safely socially distanced.*
- *Employees will begin cleaning/sanitizing areas immediately to prepare for entry of next group.*